What are the Benefits of being in Early Head Start?

Early Head Start is a comprehensive child and family development program that:

♦ is provided at no cost for eligible families
♦ is funded by Federal and State Grants
♦ reinforces and builds on each families’ unique strengths
♦ assists parents in meeting their goals
♦ supports parents in being their child’s first and most important teacher and caregiver
♦ encourages children’s cognitive, physical, social, and emotional development
♦ serves children of all ability levels, including children with disabilities
♦ provides health and dental screenings and education

What Areas do we Serve?

We currently have 9 Early Head Start Home Visitors that operate in the following communities:

**Kittson County**
Donaldson, Hallock, Halma, Humboldt, Karlstad, Kennedy, Lake Bronson, Lancaster and Saint Vincent.

**Lake of the Woods County**
Baudette, Roosevelt and Williams

**Marshall County**
Alvarado, Argyle, Holt, Middle River, Newfolden, Oslo, Stephen, Strandquist, Viking and Warren.

**Roseau County**
Badger, Greenbush, Roseau, Strathcona and Warroad

How do I apply?

Applications are taken year round. Contact us to set a time to meet with you in person to fill out an application.

(218) 528-3226
(800) 568-5319

Northwest Community Action, Inc
PO Box 67
312 North Main Street
Badger, MN 56714

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www.nwcaa.org
What is Early Head Start?

Pregnancy through age three is an amazing and important time of brain development and healthy growth for your child.

Early Head Start provides services to eligible parents expecting a child and to families with infants & toddlers. EHS assists families in providing the best possible start for children.

Who is Eligible?

Infants and toddlers, including those with disabilities, and pregnant moms are eligible for enrollment. Head Start accepts applications year-round and fills vacancies from its waiting list. While children from low-income families have enrollment priority, children from higher income families may be enrolled as well.

What Services are Offered to Early Head Start Children & Families?

**Home Visits**
Our Home Visitors make weekly home visits. Home Visits include things such as fun, educational experiences to do with your child, nutrition and health information, prenatal nutrition and development, and parenting resources and information.

**Socializations**
Our Busy Buddy Groups are offered twice each month with fun activities, an age appropriate environment, nutritious snacks and parenting education.

**Support for Children with Disabilities**
Early identification and intervention to support children with disabilities and their inclusion in all program experiences.

**Health**
Promotion of medical and dental examinations, immunizations, comprehensive health screenings, and necessary follow-up services for each child. Promotion of mental health and wellness.

**Nutrition**
Healthy snacks and nutrition education for children and parents.

**Parent Decision-Making**
Opportunities for parents to participate in Policy Council to learn parent advocacy and make decisions that drive our program.

**Curriculum**
Our program uses a researched based curriculum called Partners for a Healthy Baby. It fosters strong relationships between parents and their children which creates an environment of life long learning and bonding.

**Education**
Individual learning experiences that promote developmentally appropriate learning in the areas of physical, social-emotional, language and critical thinking skills.

**Family Engagement**
Specialized family partnerships, goal setting, referrals, parenting education and ongoing support.

Contact us to set up an application interview today!!!
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