

HS/EHS Parent Family Community Engagement Resources Available

**Contact Your Teacher or Family Service Staff at
1-800-568-5319 or 218-528-3227**

1a. FAMILY WELL BEING: Families are safe...

Car Seat Safety	First Aid
Choosing Quality Childcare	Home/Child Safety
Family Violence	Weatherization

1b. FAMILY WELL-BEING: Families are healthy....

Allergies	Meal Planning
Breast Feeding	Nutrition
Communicable Diseases	Prenatal Health/Nutrition
Depression	Quit Smoking
Drug/Alcohol Abuse	Teething
Healthy Snacks	Vision/Hearing
Health Insurances (MNSURE)	WIC
MA/MNCARE	Other

1c. FAMILY WELL-BEING: Families have increased financial security.....

Budgeting/Credit Counseling	Child Support
Buying a Home	Energy Assistance
Cash Assistance (MFIP/DWP)	Food Support (SNAP/Food Shelf)
Childcare Assistance	Legal Aid
Rental/Mortgage Assistance	Other

2. POSITIVE PARENT-CHILD RELATIONSHIPS:

Beginning with transitions to parenthood, families develop warm relationships that nurture their child's learning.

Challenging Behaviors	Parenting
Child Stress	Stress Management
Daily Routines	Self Esteem
Discipline	Sibling Rivalry
Family Counseling	Importance of Play

3. FAMILIES AS LIFE-LONG EDUCATORS: Parents and families will observe, guide, promote, and participate in the everyday learning of their children at home, school, and in their communities.

Beginning Writing Skills	Sleep Strategies
Child Development	Speech/Language Development
Reading to Children	TV/Computers and Your Child
Shopping with Your Child	Toilet Teaching

4. FAMILIES AS LEARNING: Parents and families will advance their own learning interests through education, training and other experiences that support their parenting, careers, and life goals.

Attention Deficit Disorders	Driver's Education
Autism	Emotional Behavioral Disorders
Becoming a Licensed Childcare Provider	Financial Aid for School
College/Tech School	GED/Adult Education
Computers	Sensory Issues

5. FAMILY ENGAGEMENT IN TRANSITIONS: Parents and families will support and advocate for their children's learning and development as they transition to new learning environments, including EHS to HS, EHS/HS to other learning environments, and HS to kindergarten through elementary school.

Co-Parenting	Kindergarten Readiness
Divorce	Separation Anxiety
Grief/Loss	Other

6. FAMILY ENGAGEMENT IN TRANSITIONS:

Parents and families will for connections with peers and mentors in formal or informal social networks that are supportive and/or educational and that enhance social well-being and community life.

Addiction Support	Early Childhood Family Education
Community Education	Parenting Support Groups
Grief/Caregiver Support	Public Library

7. FAMILIES AS ADVOCATES AND LEADERS:

Parents and families will participate in leadership development, decision-making, program policy development, or in community and state organizing activities to improve children's development and learning experiences.

HS/EHS Policy Council	National/Minnesota Head Start Association
IEP/IFSP Process	Tenants' Rights