

Center: \_\_\_\_\_

# Weekly Snack Menu

**Directions:** Plan at least two of the five food components for snack. Write amounts of component served to each child. Daily menus must include actual food items served and servings must meet the CACFP minimum portion sizes.

<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>	
Date: _____		Date: _____		Date: _____		Date: _____	
Meat/Meat Alternate		Meat/Meat Alternate		Meat/Meat Alternate		Meat/Meat Alternate	
Grains		Grains		Grains		Grains	
Vegetable		Vegetable		Vegetable		Vegetable	
Fruit		Fruit		Fruit		Fruit	
Milk		Milk		Milk		Milk	
Other		Other		Other		Other	