

Parent Education and Family Support

Head Start Family, Child Development, and Health Services staff are available for home visits or phone consultations to assist and support families as needed in the following areas:

Parenting

- Discipline
- Managing "Acting Out" Behaviors
- Organize Daily Routines (bedtimes, mealtimes, etc.)
- Other as needed

Child Development

- Brain Development
- Developmental Milestones
- Help with the IEP Process
- Importance of Reading to Children/Literacy
- Other as needed

Health

- Nutrition (picky eaters, menu planning, etc.)
- Toilet Learning/Bedwetting
- Other as needed

Mental Health

- Calming Strategies
- Self-Esteem
- Stress Management
- Other as needed

Personal Growth

- Adult Basic Education/GED
- Continuing Education
- Drivers License
- Other as needed

Financial Issues

- Assistance with contacting other agencies or completing paperwork for various programs (Medical Assistance, MFIP, Food Support etc.)
- Basic Needs
- Budgeting
- Housing
- Utilities
- Other as needed