



Northwest Community Action, Inc

PO Box 67 312 North Main Street Badger, MN 56714

Office: (218) 528-3258 Fax: (218) 528-3259 Head Start: (218) 528-3226

www.northwestcap.org

Dear Head Start Parent:

Current Physicals and Dental Exams are required every 12 months for all children enrolled in Head Start. Head Start contracts with the County Nursing Services to complete the physicals. We set up sites in several locations throughout our 4-county service area in the fall, to hopefully make it more convenient for you to complete the physical exam. **If you are unable to keep the appointment, PLEASE call the Head Start Office so other arrangements can be made.** Physicals include: exam, blood pressure, pulse, hemoglobin, lead screening, needed immunizations, vision, hearing, height, weight and nutrition assessment. Any follow-up work needed will be referred to the appropriate professionals. Additional forms will be needed for those referrals.

Your child will also receive a dental assessment by a calibrated dental hygienist at the screening or in the classroom when school starts. This assessment **DOES NOT** take the place of a dental exam done by your family dentist. Enclosed is a Dental Form. Please complete the top half on your child and make an appointment for your Head Start child with a dentist that takes your insurance as soon as possible. Bring the enclosed Dental Form to the appointment.

Physical and dental exams are required within 90 days of enrollment, unless you have been in within the last 12 months. Then you would be due again when that month arrives (example-physical was in April 2021, child will need another physical by the end of April 2022).

Please schedule an appointment with a dentist that takes your insurance, if you need help finding one please contact our office. The Head Start Program could help pay a portion of the balance for the physical and dental exams, fluoride, needed immunizations, lab work and follow-up services, providing you **do not** have any type of insurance that will cover these services. You must contact the office prior to the appointment for authorization if you need assistance paying for the appointment. Families covered by Minnesota state funded insurance, or whose health and/or dental insurance covers these services, must use those funding sources to cover the cost. Head Start cannot cover any remaining costs from Minnesota state funded insurance, but we could help cover a portion of the balance from your private health and dental insurances. This also applies to follow-up services.

If I can be of any assistance, help with a prior authorization or answer any questions you may have, please call our office at 528-3227 or 1-800-568-5319.

Sincerely,
Head Start Health Services