### NWCA Head Start/Early Head Start School Readiness Goals

#### Approaches to Learning

1. Children will demonstrate a positive approach to learning through persistence, attentiveness, engagement, problem solving, flexibility, curiosity and inventiveness thinking.
2. Children will show an increasing ability to express themselves through sound, movement, visual media and role play.

#### Social Emotion Development

1. Children will be able to manage feelings appropriately and self-regulate with regard to their emotions, attention span and behavior.
2. Children will demonstrate positive, appropriate social relationships with family members, peers and other significant adults including individual and group settings.

#### Language & Literacy

1. Children will demonstrate increasing skills in comprehension and use of more complex and varying vocabulary.
2. Children will demonstrate increasing proficiency using language to communicate needs, wants and for self-expression.
3. Children will demonstrate comprehension and will respond to books (texts, environmental print, and symbols).
4. Children will demonstrate an increase in the development of writing skills through the writing stages.

#### Cognition & General Knowledge

1. Children will use math skills in everyday classroom and family routines as appropriate for their developmental level. They will show increased Competency in counting, comparing, relating and problem solving.
2. Children will engage in scientific exploration through observation, imitation, manipulation, and curiosity.
3. Children will demonstrate use of skills in reasoning and problem solving, finding multiple solutions and answering questions.
4. Children will increase their understanding of classroom, community, and home environment.

#### Physical Development & Health

1. Children will acquire and maintain a high level of physical health.
2. Children will demonstrate increasing control of large muscles for movement, navigation, and balance.
3. Children will demonstrate increasing fine motor strength, coordination and agility for use in self care, manipulation of materials and exploring their environment.