

STANDARD PRECAUTIONS

Standard Precautions are steps we should take to protect ourselves when we come into contact with the blood or bodily fluids of other people. Standard precautions are intended to stop the spread of germs to others.

You can't always tell if a person is infected, so **THE** best thing to do is - **BE CAUTIOUS OF EVERY PERSONS BODY FLUIDS.**

**HEAD START WILL FOLLOW THE
PRECAUTIONS ON THE REVERSE SIDE
OF THIS SHEET FOR ALL BODILY
FLUIDS**

STANDARD PRECAUTIONS To Prevent Transmission of Blood-Borne Diseases

WASH YOUR HANDS for **30 seconds** after contact with blood and other body fluids contaminated with blood. (palms, backs, between fingers, thumbs, under nails and wrists)

WEAR DISPOSABLE GLOVES when you encounter large amounts of blood or other bodily fluids, especially if you have open cuts or chapped skin. **Wash your hands as soon as you remove your gloves.**

DISCARD BLOOD-STAINED MATERIAL IN DOUBLE SEALED PLASTIC BAGS and place in a lined, covered garbage container.

COVER CUTS, SCRATCHES OR OPEN SORES with a bandage until healed.

USE DISPOSABLE ABSORBENT MATERIAL like paper towels to stop bleeding.

IMMEDIATELY CLEAN up blood-soiled surfaces AND DISINFECT with a fresh solution of 1/4 CUP BLEACH IN 1 GALLON WATER. (sanitize solution is 1 tablespoon per 1 gallon water)(mops and cleaning rags need to be soaked in a bleach solution for at least 10 minutes)

PUT BLOOD-STAINED LAUNDRY IN DOUBLE SEALED PLASTIC BAGS. Send home to parents.